

Book Agnes Loughlin, Joy Facilitator

Contact Agnes Today!



"I enjoy empowering others to feel more love, connection, and aliveness in all their relationships."

Agnes Loughlin founded Miracles in Wellness in 2011. Before that she worked as a nurse practitioner for 20 years. Since starting her business, Agnes has become certified in The Emotion Code, Parasite Healing, Theta Healing, Higher Brain Living®, Potentiate Your DNA®, and is also a life coach where she can support clients with all of her expertise.

Agnes learned ways to deal with loneliness most of her life and had become adept at sweeping it under the rug with busy-ness. One year, she had a sudden, emotional awakening experience that changed her life. Agnes then met these amazing healers along the way because she was open to new ways of seeing herself and learned more about who she is and what is possible for her.

"Wow! This workshop was incredible. I've received new insights and I'm more individuals, supporting them to connect to their visions, accelerate their motivated than I have been in years! Thank YOU!"

- Izabela Adamus, Owner Wholistic Therapeutics Physical Therapist

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AGNES LOUGHLIN

SPEAKER SHEET

"Agnes's sunny disposition is such a joy to be around. Her compassion to help others experience good health is obvious by the compassionate way she speaks and interacts with people. Her vast knowledge of natural living practices is expressed through the good health she experiences and models."

- (Asana) Jean Shinnors, International Speaker, Teacher and Student

Miracles in Wellness

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Agnes facilitates wellness retreats, meditations and other connection calls and webinars often. She believes that we are spiritual beings living a human experience and that we are able to heal on many levels. Agnes empowers her clients to expand in self-love and to create aliveness in all their relationships. She has spoken at the Infinity Foundation, Rotary Clubs, Unity in Chicago and at Radiant Health & Spirit Meetings in Des Plaines as well as numerous podcasts including Lead Up for Women, and Women Belong.

You can learn more about Agnes, her programs, retreats and get access to free meditations as well as a free download: Top Ten Ways to Have More Joy and Love Today, on her website at www.MiraclesInWellness.com.

Speaking & Presentation Topics:



Having More Connection and Joy in a Sometimes Lonely World You Don't Have to Be Alone to Feel Lonely

Let's dive deeper into the causes of loneliness. Loneliness is not always admitted but there are three signs you may be lonely: busy-ness, procrastination, and health challenges. We often disempower ourselves and feel like victims instead of creators. Unawareness of the issue of loneliness keeps us stuck. Awareness is the beginning of changing the situation. The second way we stay stuck is not dealing with our limiting beliefs especially about our worth. Thirdly, we stay stuck by not creating a vision or roadmap of what we really desire. Agnes also shares some thoughts about finding happiness in the right partner.

In this presentation attendees will learn:

- What the statistics say about loneliness including statistics about gunshot deaths
- 3 Mistakes that keep us stuck in loneliness
- Simple action steps to have more connection and joy



Evolving Beyond Soft Addictions Creating Sustainable Positive Change

Soft addictions are very common. The most common human addiction is actually the need to control. Every decision we make impacts the web of our lives. Agnes shares a special formula to create with a clear intention and positive emotion to create positive new patterns. There are four key dimensions of our life that are irreducible and interconnected. Our physical body is actually a manifestation of your unconscious beliefs and patterning.

In this presentation attendees will learn:

- Soft addictions are a way to find a temporary sense of pleasure and avoid pain
- Tips and strategies to reprogram our subconscious to create positive change
- Finding joy in your creative power and how to take action on this

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